

Monthly Digest

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer’s disease and related dementias, their caregivers, and families in Los Angeles County

News and Updates

- **In case you missed it!** ABC7 Eyewitness News partnered with the California Department of Aging to host an empowering one-hour town hall titled “The ABCs of Aging Town Hall: Getting Older and Wiser. Moderated by ABC7 anchor Marc Brown, the forum featured expert panelists, including members of our very own HBLA Coalition. [Watch the recording here.](#)
- **New!** ASTHO recently released their latest report – From Policy to Practice: Supporting Brain Health and Caregiving at the State Level. This report highlights concrete policy models and practical approaches strategies for promoting brain health and empowering caregivers across the lifespan ranging from bolstering workforce ability, public education campaigns, and strengthening data collection and utilization, to coordinated state-level planning and sustainable funding and reimbursement systems. [Download the report here.](#)
- **Your Input is Needed!** The Los Angeles County Aging & Disabilities Department, in partnership with the Los Angeles County Commission on Disabilities, is creating a Disability Services Strategic Plan to improve and expand services for people of all ages with disabilities. They are seeking to gather input from disability service providers, healthcare professionals, and community-based organizations through a virtual focus group on Tuesday, August 26th at 1pm. [Reserve your spot today.](#)

Funding Opportunities



No updates right now.
We’ll let you know
when there’s more to
share.

Trainings and Webinars

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| Aug 20
8 AM PST | NDCC UCLA HEALTH: GUIDE Affinity Group Meeting. Register Now. |
| Aug 20
9 AM PST | PHCOE-DC: Supporting Caregivers: Opportunities for Public Health in Growing and Sustaining Respite Programs. Register Now. |
| Aug 25
12 PM PST | NADRC: Dementia Respite Programs: Translating the Respite for All Faith-Based Model into Community-Based Environments. Register Now. |
| Sept 9
10 AM PST | NADRC: Grant to Growth: Building Sustainable Dementia Services, Supports and Trainings. Register Now. |



Community Events

Get involved! Promote these events to your network.

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| Aug 22
12 PM PST | Alzheimer’s LA: Healthy Brain Habits. In-person event at Altadena Senior Center: 3330 Lincoln Ave, Altadena CA 91001. Register Now. |
| Aug 25
10:30 AM PST | Alzheimer’s Association: 10 Warning Signs of Alzheimer’s. In-person event at Commerce Public Library: 5655 Jillson St., Commerce, CA 90040. Register Now. |
| Aug 25
4 PM PST | Alzheimer’s LA: Communication & Dementia - Connecting with a Person Living with Memory Loss. In-person event at Northridge Branch Library: 9051 Darby Ave, Northridge, CA 91325. Register Now. |
| Aug 27
4 PM PST | Alzheimer’s LA: Memory Matters for African Americans. Register Now. |
| Sept 10
4:30 PM PST | Alzheimer’s Association: Research Advances - The Latest Breakthroughs in Alzheimer’s & Dementia. In-person event at the Rose Bowl: 1133 Rosemont Ave. Pasadena, CA 91103. Register Now. |
| Sept 13
9 AM PST | Alzheimer’s LA: Advances in Alzheimer’s Research. For a Diverse English - Speaking Community. In-person event at Skirball Cultural Center: 2701 N Sepulveda Blvd, Los Angeles, CA 90049. Register Now. |

In the Spotlight - Conversations that Matter: Talking to Family Caregivers

The USC Family Caregiver Support Center has launched a new digital toolkit that offers providers practical strategies to better support dementia caregivers and promote their health. **Conversations that Matter** includes five brief modules on topics like emotional stress, financial strain, and care team communication. Each module features real caregiver quotes and simple scripts providers can use to guide meaningful conversations and connect families to resources.

The toolkit is mobile-friendly and easily integrated into clinical settings. It’s now live and being actively shared—be sure to explore and share with your network! [Access the toolkit here.](#)



Send success stories, achievements, or highlight ongoing initiatives to healthybrainla@ph.lacounty.gov to be featured in a spotlight.

Featured Resources



TOOLKIT

Dementia Care Aware - Cognitive Health Assessment Implementation Guide is a practical step-by-guide to [Cognitive Health Assessment implementation.](#)



TOOLKIT

American College Preventative Medicine developed a new toolkit, [Community-Clinical Linkages to Promote Brain Health for Healthcare Providers.](#)



COMMUNITY RESOURCE

Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to [discover and share.](#)



LEARNING MODULE

Dementia Care Aware's self-paced cognitive health assessment training and dementia mini-course. [Free CE and CME/MOC credits.](#)



TOOLKIT

BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.



Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to healthybrainla@ph.lacounty.gov.



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